

Constructed with Durable Neoprene.

Transparent PVC Airway allows user to see release of obstruction.

Rib Cage

User Manual window pocket

Vest back side

Vest front side

Large easy snap buckels with adjustable straps  
One size fits all

Place hands here over air bladder.

Navel aids in correct hand placement.

**Act+Fast™**  
Anti Choking Trainer

**Act Fast Anti Choking Trainer Benefits:**

- Safely lets students practice abdominal thrusts
- Foam plug pops out of trainer when thrusts are correctly done to provide instant feedback
- Can be used while standing, sitting, or lying down to make training scenarios more realistic
- Allows practice of self-rescue using a chair or countertop
- Transparent airway lets students see obstruction and watch as it is released
- Navel marker guides correct hand placement
- Adjustable straps and easy-to-use buckles fit all students and allow for quick switching between users

**Your Anti Choking Trainer Kit should include:**

- The patented Act Fast Vest • An internal Air Bladder • Clear Plastic Airway
- Red Back Slap Pad model includes both a plastic plate and foam pad inside
- One package of ten reusable Foam Plugs • User Manual • Nylon Drawstring Carry Bag

**Kit Includes:**

- Act Fast neoprene vest • PVC bladder • Airway assembly • Ten foam plugs
- Users manual • Storage bag

All contents are latex-free

# Act+Fast™

## Anti Choking Trainer

The Anti Choking Trainer is a groundbreaking device that enables students to have confidence in their ability to perform the Abdominal Thrust Maneuver (Heimlich). It's easy to use, realistic, and students have fun while learning to save lives!



**Act Fast Anti Choking Trainer features:**

- Easy to use • Adjustable -- one size fits all students • Realistic  
• Latex and Lead-free • Lightweight • Washable



**Heart Safe Program**

Marketed & Sold in India By :

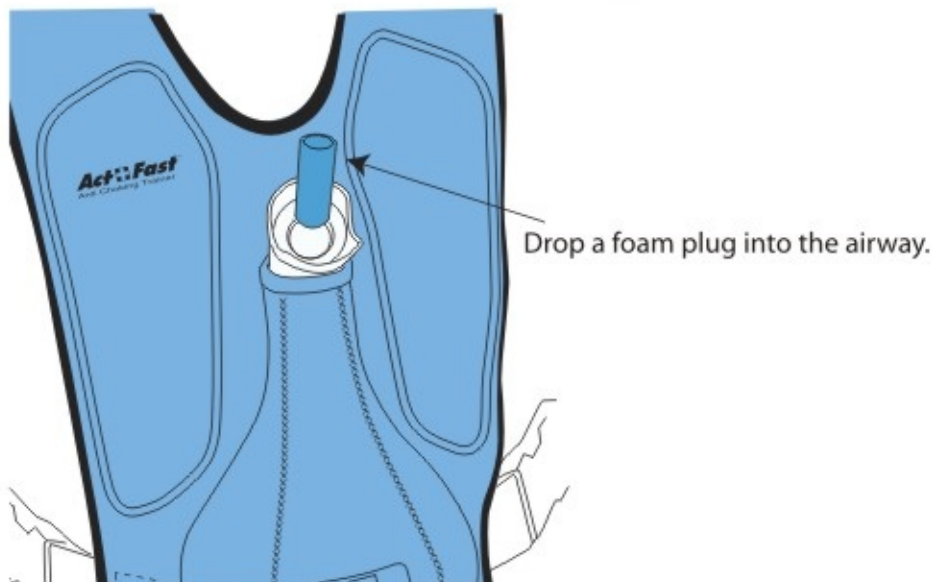
**Hanstronic Medical Equipment Pvt. Ltd., Delhi**

M.: 09811011134 Email : pankaj@hanstronics.com

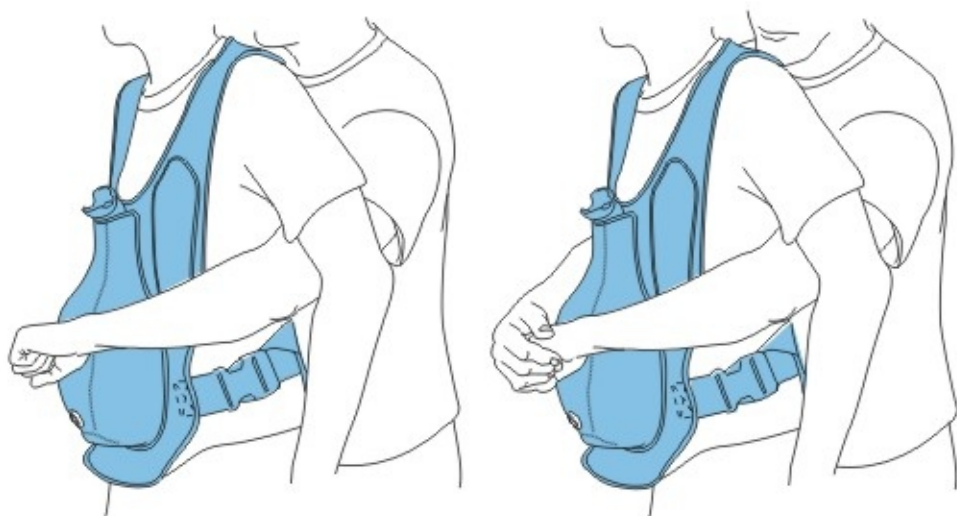
## Directions for Use

Intended for use under the direction of certified CPR Instructors.

Pull the vest over your head and cinch the waist belts snug.



Place your hands in the correct position, between the navel and the rib cage, resting them lightly on the vest.



Then deliver a quick upward thrust to dislodge the obstruction. **Do not use force, it is not necessary and may cause injury.** Correct technique will result in the plug shooting into the air, providing instant feedback and teaching the concept.

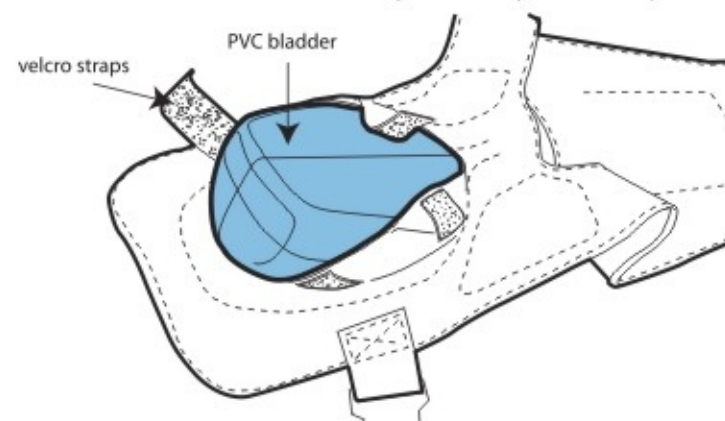


Warning: do not aim foam plug at eyes.

Then training vest can be used in a variety of positions to create realistic scenarios, including: standing, sitting and laying on the ground. Also, it allows the student to practice self rescue, using a counter top or chair.

## Cleaning Instructions

From the underside of the vest, release velcro straps and remove the PVC bladder and airway assembly from neoprene vest.



Wash vest by hand using mild detergent, hang to air dry.